Integrated Care Addresses the Multiple Features of Chronic Pain

Pain is multifaceted. So is its treatment.

TREATMENT
- Occupational therapy
- Anti-depressant medications
- Physical therapy
- Psychological therapies
- Local injections
- Exercise

SYMPTOMS
- Daily lifestyle challenges
- Depression
- Physiological pain sensation
- Anxiety
- Sleep disturbances

CHRONIC PAIN

Institute for Pain Access (IfPA)