

P.R.A.C.T.I.C.E.

SOCIAL DISTANCING

P

Practice
good hygiene



R

Reschedule
and limit
non-essential travel



A

Avoid
groups of people



C

Connect
virtually



T

Take
advantage of delivery
and pick-up services



I

If sick,
stay home



C

Cooperate
with public health
guidelines



E

Establish
physical distance
from others

