When the heart is too weak or stiff to pump blood effectively, people experience heart failure.

SIGNS & SYMPTOMS OF HEART FAILURE

- Shortness of breath
- Fatigue & weakness
- Irregular heart beat
- Persistent cough & wheezing
- Edema

Certain conditions can increase the risk of heart failure.

- High cholesterol
- Increased blood pressure
- Diabetes
- Obesity

Black adults have the highest risk...

And are hospitalized for heart failure 2x as often as white adults.

Heart failure can worsen over time.

Prevention, early diagnosis & access to treatment are critical.

Patients need education, options and policies that promote equitable access to treatment.