

Comprehensive Treatment for Essential Tremor

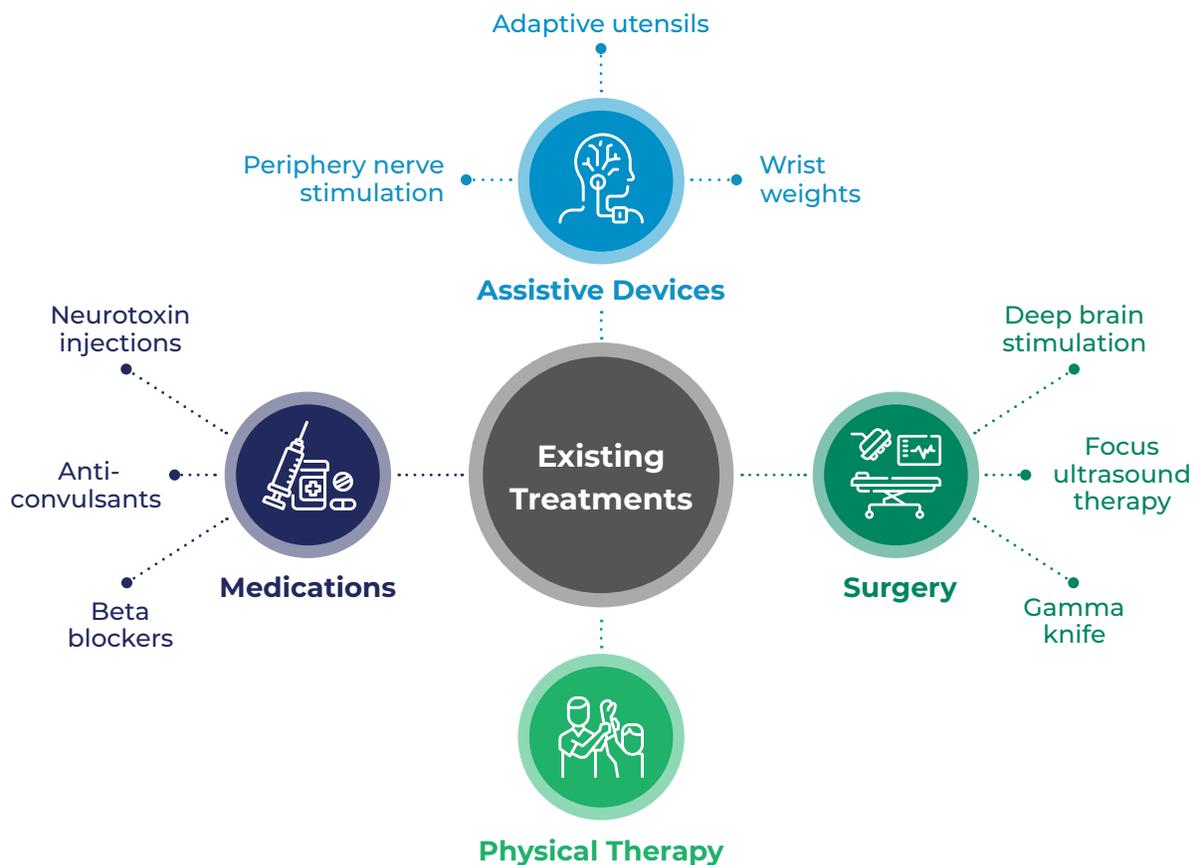
Spilt beverages. Dropped food. Difficulty dressing. Embarrassment.

These are common experiences of people who live with a condition called essential tremor.



A disorder of the nervous system, essential tremor causes involuntary, rhythmic shaking — most commonly in the hands, but sometimes in the head, voice, and other body parts too. It often makes ordinary tasks difficult. And the condition is progressive, so the tremor worsens over time — and for many, it causes significant disability.

Today, a variety of treatments are available, though a need for innovation exists. When used in combination, these treatments can provide the comprehensive care needed to manage essential tremor.



In addition to existing options, multiple clinical trials are exploring novel ways to treat essential tremor.

This is great news for patients, as it creates new opportunities for patients who do not see a benefit from current treatment options. Therapies in clinical trials include neurostimulation devices, a botulinum neurotoxin and a novel oral medication.

Essential tremor makes life difficult, frustrating, and embarrassing. And though many existing and future treatments provide hope for people with essential tremor, barriers like prior authorization and step therapy keep them waiting.

Policymakers can address these barriers, so people with essential tremor can access these treatments more easily.

Everyone with essential tremor should have access to the treatment, or combination of treatments, that works best for them.

New Treatment Options on the Horizon



Neurostimulation Device



Additional Neurotoxins



Novel Oral Medication



Alliance for Patient Access

The Alliance for Patient Access is a national network of policy-minded health care providers advocating for patient-centered care.

AllianceforPatientAccess.org



The Movement Disorders Policy Coalition brings together advocacy groups, health care providers, patients and other stakeholders to inform policy impacting patient-centered care for people living with movement disorders.

MovementDisordersPolicy.org

