



PRIORITIZING EMPLOYEES' HEALTH

EMPLOYEES TODAY FACE SIGNIFICANT HEALTH BURDENS.



MORE THAN 40% of Americans are considered obese.



HALF have high blood pressure.



THREE IN FIVE have at least one chronic health condition.

Offering insurance plans with a **wide range of benefits**, including broad coverage for treatments, can also support employees' health.



EMPLOYERS CAN HELP.

Employer-sponsored wellness programs can nurture health and productivity by



PROMOTING PHYSICAL ACTIVITY



PREVENTING DISEASE



ENCOURAGING HEALTHY EATING



ADDRESSING STRESS MANAGEMENT



AIDING SMOKING CESSATION

IMPROVING WELL-BEING BENEFITS BOTH EMPLOYEES AND BUSINESSES.



Increased employee satisfaction



Reduced employee turnover



Higher employee engagement and morale



Fewer sick days



Greater productivity

