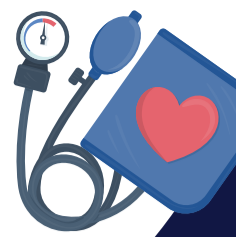




DISPARITIES WEIGH HEAVIER ON COMMUNITIES OF COLOR



2 IN 5 AMERICANS LIVE WITH OBESITY.

But not all groups are affected equally.



PEOPLE OF COLOR

are more likely to struggle with obesity.

50%

of **Black American** adults have obesity

45%

of **Hispanic American** adults have obesity



OBESITY INCREASES RISK FOR:



DIABETES



HIGH BLOOD PRESSURE



HIGH CHOLESTEROL



STROKE



HEART DISEASE

ADDRESSING STRUCTURAL CHALLENGES CAN HELP.



Expanding access to **HEALTHY, AFFORDABLE FOOD OPTIONS**



Reducing access barriers to **OBESITY TREATMENT**



Increasing access to **PHYSICAL WELLNESS** and nutrition education



ELIMINATING STIGMA about obesity

BETTER POLICY CAN BRING **BETTER HEALTH OUTCOMES** FOR PEOPLE WITH OBESITY.

